





Having kids out of school can cause added stress.

It takes extra time to shop for groceries and extra money to pay for food because kids aren't getting meals at school.

## Meals-to-You can help, and it's free!

The USDA supports the National School Lunch program across the country and wants to continue supporting students when they're not in school. So they're bringing the meals to you!

When you sign up to get Meals-to-You, you'll get a box delivered to your home for each of your students.

With Meals-to-You, kid-friendly, no-cooking required meals are delivered—for FREE—directly to your door, so you don't have to worry about:

- Extra trips to the grocery store;
- Extra money spent on food;
- Extra time planningmeals your kidswill like.

To sign up, go to MealstoYou.org and select Emergency Meals-to-You or scan the QR code at the bottom of this page.



away the stress of buying groceries when school is out.

For more information, visit: www.mealstoyou.org

